# Ish Ishanih



# Wom Monum



Family Services with Lisa Baydush

We gather on this first day of **Rosh Hashanah** to say, in prayer and song, how grateful we are for the blessings in our lives.

We are grateful for the blessings of family, of love and friendship, of good health, of peace.

Beginnings are times of new hope. Rosh Hashanah is our holiday of visions, hopes and dreams.

Each Rosh Hashanah is a new beginning. It is a day when we can decide to make the next year even better than the past year.

On Rosh Hashanah, we celebrate God's creation of the world, and strive for spiritual renewal.

On this New Year, we pray for a fresh beginning. Let us remember in the coming year to see the beauty in the world around us; when we see its goodness, the world is newly made.



Yom Kippur is a day for looking deeply into ourselves.

Yom Kippur is a quiet day; we come to services to think and pray.

Our thoughts turn to God and the special part God plays in our lives.

Our thoughts turn inward to ask, "What kind of person have I been?"

How have I acted in this year that has passed?

Did we always do the right thing? Did we always do our best?

We look back to ask - could we have done better if we tried a little harder?

Did we blame others when we should have blamed ourselves?

Yom Kippur is a time for saying, "I'm sorry," and really meaning it.

On Yom Kippur we remember what we did, to help us learn to do better.



There are three things we can do to make next year better than the past year: we can pray, we can make up for our mistakes, and we can share.

In Hebrew, we call praying: T'filah. We call making up for our mistakes: T'shuvah. And we call sharing: Tzedakah.

We begin by turning to God through *t'filah*, through prayer. Praying is our way of talking to God. We pray when we are amazed, pleased or grateful for something. We pray when we are sad, lonely or scared.

We have prayers for when something special happens: when we see a rainbow, or flowers blooming, or when we celebrate a holiday like today. We have prayers that say "thank you" for things that happen every day.

Today we will say many kinds of prayers. We will pray for ourselves, the Jewish people, and about the world God has given us. And we start by praising God's name.

## Are You Ready to Pray?

by Peter and Ellen Allard

Leader: Are you ready to pray? Congregation: Yes, we're ready to pray!

Leader: Bar'chu et Adonai ha-m'vo—rach.

Congregation: Baruch Adonai ham-vo-rach, l'olam va-ed. Leader: Baruch Adonai ham-vo-rach, l'olam va-ed

Leader: Are you ready to pray? Congregation: Yes, we're ready to pray! 3x

Leader: Then let's pray!

Congregation: Okay!



# יִּשְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ, יְיַ אֶחְד: בַּרוּך שֵם כִּבוֹד מַלְכוּתוֹ לְעוֹלֶם וַעֵד:

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad. Baruch sheim k'vod mal'chuto l'olam vaed. Hear O Israel, Adonai is our G-d, Adonai is one. Blessed is G-d's glorious name which rules forever.

## God is Everywhere and God is One

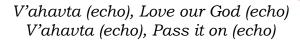
by Peter and Ellen Allard

God is everywhere and God is one, God is one!
God is everywhere and God is one, God is one!
God is everywhere and God is one,
In the moon and the stars and the shining sun;
God is everywhere and God is one, God is one!



### V'ahavta

by Lisa Baydush



Love with all your heart, love with all your soul, Love with all your might, each and every day!

Teach it to your kids, teach them how to live, Teach it in your home and on your way.

We love God with all our heart when we love other people, when we act respectfully, when we speak kind words, and when we listen well.

We love God with all our mind when we study Torah, when we live Torah, and when we do good deeds each day.

We love God with all our strength when we share what we have, when we help others, and when we stand up for what is right.

Eternal God, we want to show You our love through all our deeds. May our love make the world a better place, the kind of world You meant it to be when You created us.



**Rosh Hashanah** is the birthday of the world. On this day, our sages say, God created light, and began creating the entire universe. For light and for darkness, for the sun by day, the moon and stars by night, for earth, wind and fire, we give thanks to God for the singular work we call creation.



# מִי־כָמֹכָה בָּאֵלִם, יִי, מִי כָּמֹכָה נֶאְדָּר בַּקּדֶשְׁ נוֹרָא תְהִלֹת, עֹשֵׁה פֶּלֶא

Mi chamocha ba'eilim Adonai? Mi kamocha, ne'dar bakodesh? Nora t'hilot, oseh feleh! Who is like you, oh God, majestic in holiness? You are mighty and awesome. You perform miracles.



## Great, Mighty and Awesome

by Peter and Ellen Allard

Great, mighty and awesome, yeah! (3x) God Supreme!

We sing love, we sing praise, we sing joy all our days!

At **Rosh Hashanah/Yom Kippur**, we try to think about how we can make this year better than the last. We ask God to help us, to be gracious and answer us, to treat us generously and with kindness, and to be our help.

Avinu Malkenu, help us to do the right thing.

Avinu Malkenu, help us to share.

Avinu Malkenu, help us to reach out to others with love.

Avinu Malkenu, be good to us and answer us, even when we don't deserve it. Treat us kindly and righteously, and help us.

### Avinu Malkeinu

A-vi-nu mal-kei-nu, cho-ne-nu v'a-ne-nu (2x); Ki eyn ba-nu ma-sim

A-seh i-ma-nu, tz'da-kah va-che-sed (2x); V'ho-shi-ei-nu

I'm sorry for what I did wrong, I'm sorry for what I did wrong
I'll try to be caring, more loving and sharing,
Forgive me for what I did wrong.

I'll try, I'll try to be, the best that I can be, I'll try, I'll try with all of my might to do what I know is right.



### My Silent Prayer

by Marc Rossio

This is the moment as time rolls by For my silent prayer to Adonai...

A prayer of thanks for all my blessings, A prayer of compassion for all in need, A prayer of knowledge for I keep guessing, A prayer between God and me.

Close your eyes, say a prayer.

Adonai will be there....



On **Yom Kippur**, we ask for forgiveness. When we pray, we tell God that we will try to do better. God understands that we're not perfect, and that we probably will make more mistakes. But before we can ask God to forgive us, we need to ask forgiveness of people we may have hurt.





**Torah Service & Story** 



In the ancient cities and villages of the land of Israel, **Rosh Hashanah** was welcomed with the sound of the shofar, the ram's horn. There are four combinations of notes blown on the shofar, each bringing a different message to the children of Israel.

The first sound – **Tekiah**! – loud and strong. It says, "Awaken, children of Israel, to the beginning of the New Year."

The second sound – **Shevarim!** – a low note and a high note. It says, "Whether we are little or big, all our voices are heard by God."

The third sound – **T'ruah** – little broken notes. It says, "Pay attention to the little things in life."

And now the final sound, **Tekiah Ge-do-lah!** It is the longest note of all. One single blast, it says, "Listen to the voice of God, now and forever."



At the end of our service, we say Aleinu, a prayer that praises God.

We praise God with our voices when we sing out strong.

We say that God's presence is felt throughout the world.

We know that God is everywhere, in the world around us, in our hearts, in our souls.

We say that Adonai is our God, there is none else.

God is great, mighty and awesome!

We pray for a world free of poverty and war, injustice and hate.

We pray for the day when all the world will be one.

# בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד, וּשְׁמוֹ אֵחָד!

Bayom hahu yi-hi-yeh Adonai echad, u'sh'mo echad On that day, God will be one, and God's name shall be one.



Thank you, God, for family and friends.

Thank you, God, for all the wonderful moments and people in my life.

Thank you, God, for the opportunity to worship in this beautiful place.

Thank you, God, for filling the world with beauty.

Thank you, God, for the gift of Shalom, peace.

Thank you, God, for bringing us to this special day.

### Mourner's Kaddish

Yit'gadal v'yit'kadash sh'meih raba. B'alma di-v'ra chir'uteih v'yam'lich mal'chutei B'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, ba-agala uviz'man kariv, v'im'ru: Amen. Y'hei sh'meih raba m'vorach l'alam ul'almei al'maya. Yit'barach v'yish'tabach v'yit'pa-ar v'yit'romam v'yit'nasei v'yit'hadar v'yit'aleh v'yit'halal sh'meih d'kud'sha, b'rich Hu, l'eila min-kol-bir'chata V'shirata tush'h'chata v'nechemata da-amiran B'alma, v'imru: Amen. Y'hei sh'lama raba min-sh'maya v'chayim aleinu v'al-kol-Yisrael, v'im'ru Amen. Oseh shalom bim'romav, Hu ya-aseh shalom Aleinu v'al-kol-Yisrael, v'imru: Amen

יתגדל ויתקדש שמה רבא: בַּעַלְמָא דִי־בָרָא כָרִעוּתָה וַיַמְלִיךְ מַלְכוּתָה בִחַיֵּיכוֹן וּבִיוֹמֵיכוֹן וּבְחַיֵּי דְכַל־בֵּית יִשְׂרַאֵל בַּעַגַלַא וּבִזְמַן קַרִיב, וָאַמְרוּ: אַמַן: יהא שמה רבא מברך לִעַלָם וּלְעַלְמֵי עַלְמַיָּא. יִתְבַּרַךְ וִישְׁתַבַּח וִיתְפַּאַר וַיתַרוֹמַם וַיִּתְנַשֵּׁא. וִיתְהַדֵּר וְיִתְעַלֵּה וִיתְהַלַּל שָׁמָה דָקוּדְשַא בָּרִיךְ הוּא. לְעָלַא מָן־כַּל־בָּרְכַתַא וְשִירַתַא תִּשְבַּחַתַא וַנַחֲמַתַא ַרָאָמִירַן בְּעַלְמַא, וִאָמְרוּ: אַמֵן. יהא שלמא רבא מן־שמיא ָוְחַיִּים עַלֵינוּ וְעַל־כַּל־יִשְׂרַאָל, וְאָמְרוּ: אַמֵן: עשה שלום בַּמְרוֹמֵיוּ. הוא יַעשה שלום עלינוּ ועל־כַּל־ישׂראל, ואמרוּ: אמן:



# A Blessing for Shalom

by Jeff Klepper

It's a blessing for you, it's a blessing for me,
A blessing for each member of our family,
A blessing for everyone here in our home, a blessing for shalom.

May God bless you and keep you and fill you with light.
May God send you courage and teach you what's right.
May God's face shine upon you with kindness and love
And bless you with peace from above.

Y'varechecha Adonai v'yishmerecha...

May God bless you and keep you;
Yaeir Adonai panav eilecha v'kuneka...

May God's face shine upon you and be gracious to you;
Yisa Adonai, panav eilecha v'yaseim l'cha shalom...

May God treat you with kindness and grant you peace.

May you be inscribed in the Book of Life for a year of goodness!

Shana Tova!